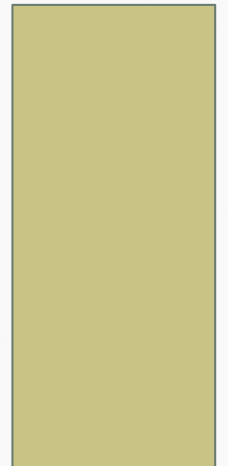


FAMILY FAITH FORMATION – 2024/2025

SAINT PATRICK'S & SAINT LUKE'S



THE PURPOSE OF FAMILY FAITH FORMATION

- To help you learn more about God so that you can deepen your own personal relationship with Him.
- To give you the confidence to speak about your Catholic faith with others.
- To help you as you guide your children in their own personal relationship with God.
- To provide you with an opportunity to spend more time with your immediate family and also with our parish family.
- To provide you with a short time for prayer and an opportunity to use the Sacrament of Reconciliation.

THE THIRD COMMANDMENT

- Recall that from the Great Commandments, we learn that God's laws are all founded on love.

THE THIRD COMMANDMENT

- Recall also that love between persons can be defined as "willing the good of the other."

And ...

- Love for God can be defined and "willing what God wills."

THE THIRD COMMANDMENT

- Finally, as was noted previously, the first three commandments have to do with our relationship with God.
- The last seven have to do with our relationships with our fellow man.

THE THIRD COMMANDMENT



THE THIRD COMMANDMENT

- “Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God, on which you must not do any work—neither you, nor your son or daughter, nor your manservant or maidservant or livestock, nor the foreigner within your gates. For in six days the LORD made the heavens and the earth and the sea and all that is in them, but on the seventh day He rested. Therefore the LORD blessed the Sabbath day and set it apart as holy (Ex 20:8-11).”

THE THIRD COMMANDMENT

- In its shortened version the Third Commandment is “Remember keep holy the Lord’s Day.”
- It requires that we worship on the Lord’s Day and that we keep this day as a day of rest.

THE THIRD COMMANDMENT

- This commandment begins with the word “Remember.”
- It serves to remind us that we must be intentional about what we do. Otherwise, we can easily forget what we are supposed to be doing.

THE THIRD COMMANDMENT

- Our lives should be centered around the worship of God.
- What we do during the week, should in some way, always be in preparation for our coming together to worship.

THE THIRD COMMANDMENT

- Here we need to say something about time.
- We divide time in part based upon natural events.
- Periods of light and darkness define the days and the annual rotation of the Earth around the Sun determine the seasons and the year.

THE THIRD COMMANDMENT

- We also have artificial divisions of time not based upon natural events.
- We divide the days and years into manageable segments. These include seconds, minutes, hours, weeks and months.

THE THIRD COMMANDMENT

- The weeks, while artificial, are based upon the seven days mentioned in Genesis where God created on the first six days and then “rested” on the seventh day.

THE THIRD COMMANDMENT



THE THIRD COMMANDMENT

- God Commanded the Israelites to keep the seventh day holy. This day was also to be a day of rest.
- This last day of the week, the seventh day, came to be known by the Israelites as the Sabbath. In our modern calendars this seventh and last day is called Saturday.

THE THIRD COMMANDMENT

- Keeping of the Sabbath was a sign, a perpetual covenant, between God and His people that they might know that it is the Lord God who sanctified them.

THE THIRD COMMANDMENT



THE THIRD COMMANDMENT

- To violate the Sabbath was to turn away from God and to reorder one's priorities in life where God was no longer being first above all.
- For the Israelites, the penalty for violation of the Sabbath was death. See Num 15:32-36

THE THIRD COMMANDMENT

- For the Israelites (and for us), keeping the Sabbath served (and serves) as a weekly reminder of the covenant between God and us.
- We are commanded to keep the Sabbath holy so that we do not forget who we are and who God is.

THE THIRD COMMANDMENT

- The Sabbath was made for man, not man for the Sabbath (Mk 2:27-28).
- God knew that we cannot work continuously, but that we need rest and time to be restored and renewed.
- The Sabbath is that day set aside for rest and renewal of both soul and body.

THE THIRD COMMANDMENT

- So why is the Christian Sabbath on Sunday?
- It was on this day (the first day of the week) that Jesus rose from the dead and conquered sin, Satan and death.
- The Church decided therefore it was more appropriate to worship God on Sunday, the Lord's Day, then on the Sabbath, Saturday (Acts 2:42-46).

THE THIRD COMMANDMENT

- For Catholics, Sunday, the first day of the week symbolizes God's new creation.
- As such, the Church has not only determined that Sunday will be the foremost holy day of obligation, it has also decided how we are to keep Sundays holy.

THE THIRD COMMANDMENT

- We keep Sundays holy by attending Mass. To fulfill our Sunday obligation, we can also attend Mass on the evening before.
- Note that receiving Holy Communion is not obligatory.
- Also note that attending a Protestant service does not substitute for Sunday Mass.

THE THIRD COMMANDMENT



THE THIRD COMMANDMENT

- The other holy days of obligation are:
 - The Nativity of Our Lord Jesus Christ (Christmas)
 - The Solemnity of Mary the Mother of God (1/1)
 - The Solemnity of the Assumption (8/15)
 - The Solemnity of All Saints (11/1)
 - The Solemnity of the Immaculate Conception (12/8)

THE THIRD COMMANDMENT

- Sins against the 3rd Commandment:
 - Deliberately missing Sunday Mass
 - Deliberately missing Mass on a Holyday of Obligation
 - Not observing Sunday rest

THE THIRD COMMANDMENT

- Deliberately missing Sunday Mass is a mortal sin because it breaks or ignores the covenant between us and God.

THE THIRD COMMANDMENT

- One can miss Mass only for serious reasons. For example, illness, emergencies, inclement weather, distance to or lack of availability of Mass.
- One may also be dispensed from the obligation by his or her pastor for a good reason.

THE THIRD COMMANDMENT

- Reasons which are not serious:
 - Having guests at the house
 - Visiting friends
 - On vacation
 - Traveling
 - Attending a wedding
 - Tired
 - Work – always for teens since they are non-essential employees – but with some exceptions for adults.

THE THIRD COMMANDMENT

- Failure to observing Sunday rest can be either a mortal or venial sin depending upon the seriousness of the violation.

THE THIRD COMMANDMENT

- On Sundays, we are required to refrain from participating in work or activities that hinder the worship of God and the joy proper to the Lord's Day.
- Sundays should be a time of reflection and meditation. Our focus should be on family, friends and practicing works of mercy.
- Engaging in favorite hobbies and activities should not disturb the rest of others.

THE THIRD COMMANDMENT

- Unnecessary work on Sundays (mowing the grass, laundry, household chores, painting the garage) is a sin.
- Unnecessary shopping (which always requires others to work) is a sin.

THE THIRD COMMANDMENT

- Participating in sports leagues that meet on Sunday mornings and take the place of worship is also a sin.
- Working in a non-essential job is a sin. Note that emergency workers, medical workers, utility workers, miners and so on do not sin by working on Sunday.

HOMework

- **Parents at Home:**

- Watch the videos on the Third Commandment.
- Discuss with your children the importance of Sunday Mass and how you and your family build your week around it.
- Have your children memorize the Third Commandment.

HOMework

- Ask your children if and when they are saying their prayers.
- See that your children complete any homework assignments they have.

FAMILY PRAYER

